

AM and PM snacks consist of a whole grain, combined with a vegetable or a fruit. IKCCC follows NYS DOH Guidelines

March 2019
Island Kids Child Care Center

NORTH - Lunch Menu



We are a "nut free" facility

All lunches are subject to change.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				1 Crispy French Fries Mixed Fruit Turkey Roll-Up w/ Cheese
4 Steamed Green Beans Fresh Melon Pancakes & Sausage	5 Steamed Corn Fresh Melon Goulash	6 Steamed Peas Apple Slices Turkey Dog on a Bun	7 Mashed Potatoes Fresh Fruit BBQ Crockpot Chicken	8 Steamed Carrots Applesauce Meatballs w/ Sauce
11 Crispy Tater Tots Fresh Melon Cheesy Scrambled Eggs	12 Steamed Broccoli Fresh Melon Mac & Cheese	13 Steamed Corn Fresh Fruit Taco in a Bag	14 Steamed Green Beans Fresh Fruit Whole Wheat Pasta w/ Butter or Sauce	15 Steamed Carrots Applesauce Ham Roll-Up w/ Cheese
18 Steamed Peas Fresh Melon French Toast Sticks & Sausage	19 Mixed Veggies Fresh Melon Meatballs w/ Sauce	20 Steamed Green Beans Fresh Fruit Mac & Cheese	21 Steamed Rice Apple Slices Chicken Nuggets	22 Steamed Carrots Orange Slices Turkey Dog on a Bun
25 Steamed Green Beans Fresh Melon Pancakes & Sausage	26 Steamed Corn Fresh Melon Taco in a Bag	27 Steamed Broccoli Apple Slices Chicken Patty on a Roll	28 Steamed Peas Fresh Fruit Meatball w/Sauce	29 Mixed Vegetables Applesauce Turkey Roll-Up w/ Cheese