

AM and PM snacks consist of a whole grain, combined with a vegetable or a fruit. IKCCC follows NYS DOH Guidelines

**April 2019**  
Island Kids Child Care Center



we are a "nut free" facility

**Lunch Menu**

All lunches are subject to change.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1 Crispy Tater Tots  Fresh Melon  Cheesy Scrambled Eggs	2 Steamed Green Beans  Fresh Fruit  Turkey Dog on a Bun	3 Mixed Veggies  Applesauce  Mac & Cheese	4 Mashed Potatoes  Fresh Fruit  Chicken Patty on a Roll	5 Steamed Peas  Orange Slices  Goulash
8 Steamed Green Beans  Fresh Melon  Pancakes & Sausage	9 Steamed Corn  Fresh Melon  Taco in a Bag	10 Steamed Peas  Apple Slices  Whole Wheat Pasta w/ Butter or Sauce	11 Steamed Broccoli  Fresh Fruit  Turkey Roll-Ups w/Cheese	12 Mixed Veggies  Applesauce  Turkey Dog on a Bun
15 Crispy Tater Tots  Fresh Melon  Cheesy Scrambled Eggs	16 Steamed Green Beans  Fresh Melon  Goulash	17 Mashed Potatoes  Fresh Fruit  Chicken Nuggets	18 Steamed Corn Fresh Fruit  Whole Wheat Pasta w/ Butter or Sauce	19 Steamed Carrots  Applesauce  Ham Roll-Up w/ Cheese
22 Steamed Peas  Fresh Melon  French Toast Sticks & Sausage	23 Mixed Veggies  Fresh Melon  Meatballs w/ Sauce	24 Steamed Green Beans Fresh Fruit  Mac & Cheese	25 Steamed Rice  Apple Slices  Crock Pot Chicken & Gravy	26 Mixed Veggies  Orange Slices  Turkey Dog on a Bun
29 Steamed Green Beans  Fresh Melon  Mac & Cheese	30 Steamed Corn  Fresh Melon  Taco in a Bag	1 (May) Steamed Broccoli  Apple Slices  Chicken Patty on a Roll	2 (May) Steamed Peas  Fresh Fruit  Meatball w/Sauce	3 (May) Crispy French Fries  Applesauce Turkey Roll-Ups

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